

Credit: .5

Type: Elective

Length: 1 semester

Prerequisite: none

Course Description:

Students will focus on a variety of FCS units: Personal Development, Communication, Clothing care, Textile Construction, Nutrition, and Food preparation. They will learn these life skills and how to utilize the various tools and equipment needed. They will learn to work individually and as a group on various projects and in a variety of situations.

Course Expectations:

Discovering Yourself	Self-Esteem Values	<i>Safety, Tools, Machine, Threading, Machine Operations</i>
Family	Structure Types Roles	Drawstring Bag
Money Management	Goal Setting Savings Depository Institutions Checking Simulation	Culinary Basics Preparing to Cook: <i>Kitchen Safety, Tools, Measuring, Equivalents and Abbreviations- Lab Rules</i> Food Safety Microwave Basics and Lab
Clothing	Sewing License:	Financial Management
Managing Your Life	Investing in Myself Communication: Leadership: <i>FCCLA Basics—</i>	Does Money Grow on Trees? Credit Cards Spending Plans Major Expenditures Simulations Montana Saves
Exploring Fashion and Clothing	Clothing Care Preparing to Sew: <i>Basics</i> <i>Review--Pattern Selection & Measurement--Pattern Layout</i> Project- Shorts, Buttons & Pressing Service Project	Nutrition & Wellness Nutrition & MyPlate Food Safety Working in the Kitchen

Textbooks and Materials:

Discovering Life Skills, 2004 Glencoe McGraw Hill

Grading:

Student grades will be based on: 1) projects, 2) class participation, 3) activities and worksheets 4) tests and 5) portfolio which will be collected at the end of each semester. Grades are based on a point system. Values will vary based on the difficulty and importance.

Class Rules:

Be Prompt

- Arrive on Time
- Be seated and ready when the bell rings.

Be Prepared

- Bring Materials to class
- Homework needs to be with you and finished on due date.

Be Responsible

- Follow Instructions

- Use restrooms between classes
- Use lab areas with permission
- Follow all safety rules

Be Respectful

- Keep hands, feet and objects to yourself
- Be positive toward each other and your teacher
- Wait your turn to speak and listen to what others have to say

