

# FEBRUARY 2023

## Forsyth Public Schools

### LUNCH

#### School Lunch Price:



Student K-6	\$2.25
Student 7-12	\$2.50
Reduced K-12	\$0.40
Extra Milk	\$0.40
Adult	\$4.25



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



Chicken Alfredo  
Fruit/Veggie **1**

Sloppy Joes  
Fruit/Veggie **2**

Lil' Smokies  
Mac & Cheese  
Fruit/Veggie **3**

Chicken Sandwich  
Fruit/Veggie **6**

Soft Shell Tacos  
Fruit/Veggie **7**

Pizza  
Fruit/Veggie **8**

Tator Tot Casserole  
Fruit/Veggie **9**

Beef Sliders  
Fruit/Veggie **10**

Chicken Pot Pie  
Fruit/Veggie **13**

**Valentine's Day**  
Walking Tacos  
Fruit/Veggie **14**

Mandarin Orange  
Chicken  
Fruit/Veggie **15**

Goulash  
Fruit/Veggie **16**

Hot Dog/Baked Beans  
Fruit/Veggie **17**

**Presidents' Day**  
**NO SCHOOL** **20**

Taco Noodle Skillet  
Fruit/Veggie **21**

Tomato Soup  
Grilled Cheese  
Fruit/Veggie **22**

Hamburger Gravy  
Mashed Potatoes/Gravy  
Fruit/Veggie **23**

Pizza Sticks  
Fruit/Veggie **24**

Raviolis  
Fruit/Veggie **27**

Birthday Meal  
Corn Dog/Chips  
Fruit/Veggie **28**

